



# hump ridge track



## trip highlights

- ..... Spectacular short helicopter flight across Te Waewae bay where you might spot the rare Hector's dolphins playing in the surf
- ..... Sensational walking through diverse and stunning scenery, from sub-alpine wilderness to sea-level views.
- ..... Carry only a daypack as we help pack your luggage to and from each lodge
- ..... Delicious three course meals and all lunches/snacks are included
- ..... Take a refreshing hot shower each evening after walking
- ..... Enjoy a private room with super king double bed (or king single twin share) at each of the remote lodges
- ..... If you have a non walking partner or friend they can take advantage of our Helilift option



<b>Trip Duration</b>	4 days
<b>Grade</b>	introductory to moderate
<b>Activities</b>	4 day hike
<b>Accommodation</b>	3 nights lodges, 1 night B&B

## Kia Ora from Adventure South

Thank you for your interest in the Hump Ridge Track adventure. It's a superb adventure and we hope you can join us. Adventure South has been operating active holidays throughout New Zealand since 1992. Thanks to our experience we're confident to say that we offer the very best cycling, trekking and adventure travel itineraries available in New Zealand today. There's simply no other collection of New Zealand itineraries that can match the geographic coverage, originality and overall quality of our active New Zealand adventure holidays. An Adventure South holiday aims to take you beyond the more popular and busy trails to provide you with a truly unique New Zealand wilderness experience. We're here to show you that there are many, many more trails and cycling routes in our great country that are the new frontiers in adventure tourism - beautiful, scenic, and without the crowds. We aim to explore these delicate environments in a sustainable manner to ensure we leave as little impact as possible from our visit. We'd be honoured to introduce you to the wide variety of natural wonders that New Zealand is famous for. Go forth, go south - join us on this amazing small group, value packed adventure!

## why travel with Adventure South?

"Small Groups, Great Guides, Superb Holidays."

This comment encapsulates an Adventure South active holiday in New Zealand. The phrase was not born from a long and tortuous strategic planning process, it came from a client review! We could not have said it any better. Our client feedback also confirms that what helps make our holidays different are the quality of our professional guides. They share their humour, compassion and wilderness experience to ensure that you have a great vacation and the right degree of personal challenge.

On an Adventure South tour you can also expect the right, proven equipment is provided for your tour; the food is delicious, plentiful and can be catered to your dietary requests; your guides are all First Aid trained; that the itinerary you have chosen has been carefully crafted from decades of personal experience in the New Zealand wilderness, not from a guide book recommendation.





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beautiful bay once more - this time from a different perspective. From here it's only an hour or so to the lodge, and on clear days you will be able to see Stewart Island and of course the Fiordland mountains and lakes nearby. When you arrive at Okaka, our lodge 'on top of the world,' all you will have to do is unwind as you admire the views, settle into your private room with super-king bed and, of course, take a hot shower. You will feel instantly at home with our lodge manager's home cooking and hospitality.

**meals: B,L,D**

## **DAY 3 Walk to Hump Ridge and along the coast (19kms)**

After breakfast you wander down the Hump Ridge, with 360 degree views of Te Waewae Bay, Stewart Island, the South Coast, Waitutu terraces and Fiordland mountain ranges. While you are walking over the three mighty wooden viaducts on the way to Port Craig Village, consider the men who built them almost a century ago. Our guide will share many stories from the days when Port Craig was a bustling sawmill town in the 1920s. If you are interested in the history and relics that surround Port Craig, choose to take the interpretive trail or just meander down to the beach and spot our resident Hector's dolphins who live in the bay. Awaiting you at the lodge, our friendly lodge manager will welcome you to your room and you can put your feet up and once again enjoy their hospitality while taking in your new coastal backdrop.

**meals: B,L,D**

## **DAY 4 Walking along beaches, walking concludes (17kms)**

Day 3 - 17km 5-7 hours

To complete the track, you will first walk out under native bush canopy, then along our beautiful golden beaches - one named Blowholes because of the ring of rocks the waves blow up though as they come to shore - a spectacular finish to a fantastic trip! Walk back along the section you flew over on day one, and enjoy it once again but at beach level.

**meals: B,L**

This itinerary is subject to change with any change in Community regulations as well as Governmental changes and natural circumstances beyond our control.

## **country information**

Stretching North to South for over 2000 km, and split into two main island's - the North and the South Islands - New Zealand is a country of diverse landforms. From the Pacific Island beaches and rolling farmlands in the north, to the volcanic plateau and then onto the soaring mountains within view of the sea in the south, and the sub-Antarctic islands that dot the South Island coastline, the contrasts are many.

The South Island is the 12th largest island in the world. The west coast is dominated by the Southern Alps, which contain more mountains than the European Alps altogether, and home to New Zealand's highest peak, Aoraki Mount Cook (3754m / 12,316 ft). The Main Divide, the chain of peaks that forms the backbone of the Alps from Arthurs Pass to Fiordland, splits the South Island into east and west. Several ice ages, and the fact that two continental plates are sliding past each other forming the Southern Alps, means that the scenery is as rugged as the New Zealand fauna and flora is unique. The largest city in the South Island is Christchurch.

The North Island is the smaller of the two main islands of New Zealand. Its northern location means it enjoys a warmer, more temperate climate than much of the South Island, and is much more vastly populated. The centre of the island is primarily a volcanic landscape with vast forests, volcanic peaks, and picturesque lakes. The eastern side of the island is covered with vineyards. Auckland, also known as the 'City of Sails', is the Capital City of New Zealand and found on the North Island.

With a population of 4.0 million people, the wilderness areas of New Zealand are many as most 'Kiwis' now live in an urban situation near the coast. The Maori are the indigenous people of the land and they named it Aotearoa 'Land of the Long White Cloud' upon their



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arrival 1000 years ago. Europeans settled in the early 1800s and the country is alive today with a market driven economy and a blend of European and Asia/Pacific influences to create a buoyant South Pacific culture.

## climate

As a general rule, November to April are the most ideal months for travelling in New Zealand's stunning outdoors. One of the most important things travellers need to know about the New Zealand climate is that it's a maritime climate, as opposed to the continental climate typical of larger landmasses.

Thanks to its position in the path of the 'Roaring 40s' and mountainous terrain, New Zealand's weather can frequently change with amazing rapidity. Because the weather can change so unexpectedly you should be prepared for sudden changes in temperature and weather conditions. This basically means having a good waterproof jacket and some warm clothing. You don't need to bring your winter wardrobe but a good fleece/jumper and good thermals are a must.

The temperature during the South Island summers range from 10-30 °C, with a pleasant 40-50% humidity. Higher altitudes are always considerably cooler and snowfall is not uncommon even in summer. The Southern Alps act as a barrier to the moisture laden winds coming west across the Tasman Sea, creating a wet climate on the west side of the mountains and a dryer climate on the east side. The geography also creates a wind pattern, which can in summer be very hot, dry and fierce. Maximum temperatures we may encounter range up to 30°C. Minimum temperatures expected in the Southern Alps in Summer time are around -5°C. Weather is an integral facet of any mountain range and getting to understand and work with this major environmental factor is what will make you more prepared for your tour – any questions about what to expect on your tour talk to one of our sales team.

## accommodation on the trip

Accommodation is provided in modern backcountry lodges featuring gas heating & cooking, solar lighting, flush toilets, shared bathroom facilities and drying rooms. Bedding, linen and hot showers are also provided, accommodation is in private premium rooms which accommodate a maximum of 2 people, either Super King or Twin King Singles.

A three course evening meal with a distinctive New Zealand flavour is provided at each lodge. Breakfast & picnic lunches (which you carry) are also provided on the Track. We have additional NZ wines and beverages available for sale at both Lodges.

## pre and post tour accommodation

If you would like some help booking pre/post tour accommodation speak to our staff as they can help with different suggestions.

## what you carry

During the day you will only need to carry what you need for the days walk, such as your water bottles and rain wear. Your luggage will be moved each day to the next lodge.

## what's not included

- Alcoholic and soft drinks with included meals
- Personal expenses
- Personal rainwear, gaiters etc
- Gratuities, tipping is not expected in NZ but gratefully received. It is at your discretion whether or not to reward for excellent service
- Travel Insurance



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→ Travel to and from Tuatapere

## responsible travel

The Hump Ridge Track is committed to long term wellbeing of the environment & community. We give active preference to products that meet social and environmental criteria (e.g. based on distance from origin, biodegradability, efficiency rating, recycled content, ability to be recycled etc). Wherever possible (and available), environmentally certified goods and services are selected.

We actively support New Zealand-made products and services and use local companies to supply uniforms (Earth, Sea, Sky; Swazi) and use local contractors to complete repairs and upgrades at the lodges.

In February 2011, Tuatapere Hump Track was awarded Qualmark certification and an Enviro Silver Award. Qualmark accredited activities can be booked or bought with confidence, because they've undergone a detailed onsite quality assessment, and been found to be professional and trustworthy. Qualmark is New Zealand's official mark of quality for tourism.

## trip grading

A moderate to high level of fitness is required to complete this walk. If you are not a regular walker we suggest you begin a daily walking regime 6-8 weeks before departure. Gradually increasing the distance you walk, carrying a backpack. Staircase or hill-climbing is strongly recommended as on the first day of the walk you climb over 800m. The track surfaces vary from smooth well-formed paths to rough terrain broken by rocks and tree roots. We therefore recommend you wear hiking boots, which provide firm ankle support. If you feel your fitness is not up to the required level for the climb on the first day we can offer you the option of flying by helicopter to the Lodge at Okaka, for an additional cost.

## adventure travel

By its very nature adventure travel involves an element of the unexpected. In remote areas and other countries do not expect the standards you are used to at home. Remote areas are sometimes unpredictable and itineraries may need to be altered as a result. To get the most out of your adventure it is important that you are mentally flexible, positive and eager to take on all the challenges that arise. If you are uncertain about your suitability for this trip we recommend that you speak with your consultant or travel agent.

## important note

These trip notes represent the most current information for this itinerary, and may supersede any information in the current brochure, including but not limited to the itinerary and price. The itinerary should be seen as a guide only. This itinerary may change at any time due to inclement weather, forces of nature and other circumstances beyond our control.

## private groups

The adventures featured in our brochures, and on our website, are just a starting point. Planning and providing special group departures is something we do exceptionally well. Over the past 18 years we have developed some exceptional itineraries, from cycling to hiking or combination multi-adventure trips. School groups, charities, work colleagues and cycling buddies have all been part of our experience. Our team can assist you with all aspects of your private group to ensure the trip is tailored just right for your group. Contact our team today.

## subscribe to our e-newsletter

To keep up to date with the new and exciting trip releases, special offers plus more please subscribe to our free e-newsletter at [www.advsouth.com](http://www.advsouth.com). Or why not view past travellers images and join in on the conversation at [facebook.com/AdventureSouthNZ](https://facebook.com/AdventureSouthNZ)



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## trip availability

If this trip seems right for you then we encourage you to call us now to check availability. A popular reason to travel with Adventure South is because of our small group sizes. These can fill quickly so it is important to check your availability well in advance. We always need to ensure other services, like train tickets or accommodations, are also available before we can confirm your place on our tours. To ensure we can assist you onto your New Zealand adventure of a lifetime we ask that you check your trip availability with our team at your earliest convenience.

## how to book

To book an Adventure South holiday, you can book directly online ( <http://www.advsouth.com/booking.aspx> ) or you will need to complete a booking form (found at the back of our brochure). You can also download a copy from [www.advsouth.com](http://www.advsouth.com) . On completion, please fax or post the form to Adventure South or your nearest World Expeditions office, along with your non-refundable deposit. If you're coming from outside New Zealand call your nearest World Expeditions office or travel agent for assistance with your travel arrangements including flights, travel insurance and additional accommodation. If you're unsure what would be the best option for you call us NZ free phone 0800 00 11 66, AUS free phone 1800 10 70 60, USA free phone 1866 479 9827 anywhere else +64 3 942 1222 or email us on [guide@advsouth.co.nz](mailto:guide@advsouth.co.nz)